

## Music and Resilience

co-funded by Taawon, Ulaia ArteSud, NISCVT and PM



Community Music Sumer Camp Final Concert, House of Culture, Tarablus, 30 June 2018

### Report for period September 2017-October 2018

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### Our support

In 2018 M&R completes its 7<sup>th</sup> year of continuous support and action for the development of music resources as a protection factor for the young generations of the Palestinian and other refugee communities in Lebanon. The prime actors of the project, **Prima Materia** and **NISCVT**, are supported by a large circle of associates, friends, donors, volunteers and sponsors, without which the project could not happen, and to which we express our sincere thanks. In particular, our thanks go to the main sponsor of the project - '**Taawon**' Lebanon (**Welfare Association**) – and also to **Ulaia ArteSud (Rome)** through funds made available by the **Waldensian Church Foundation Italy**, for the support of the music therapy professional training in Assisi.

**Our work in context**



*NISCVT Psychologist Mohamad Orabi explains the principles of psycho-social music activity to parents at Wavel Centre, 26 June 2018*

M&R supports NISCVT in 4 interdependent and interlocking areas of music resource development, which connect along a psycho-social-cultural continuum addressing clinical, preventive, educational and aesthetic needs in the local community.

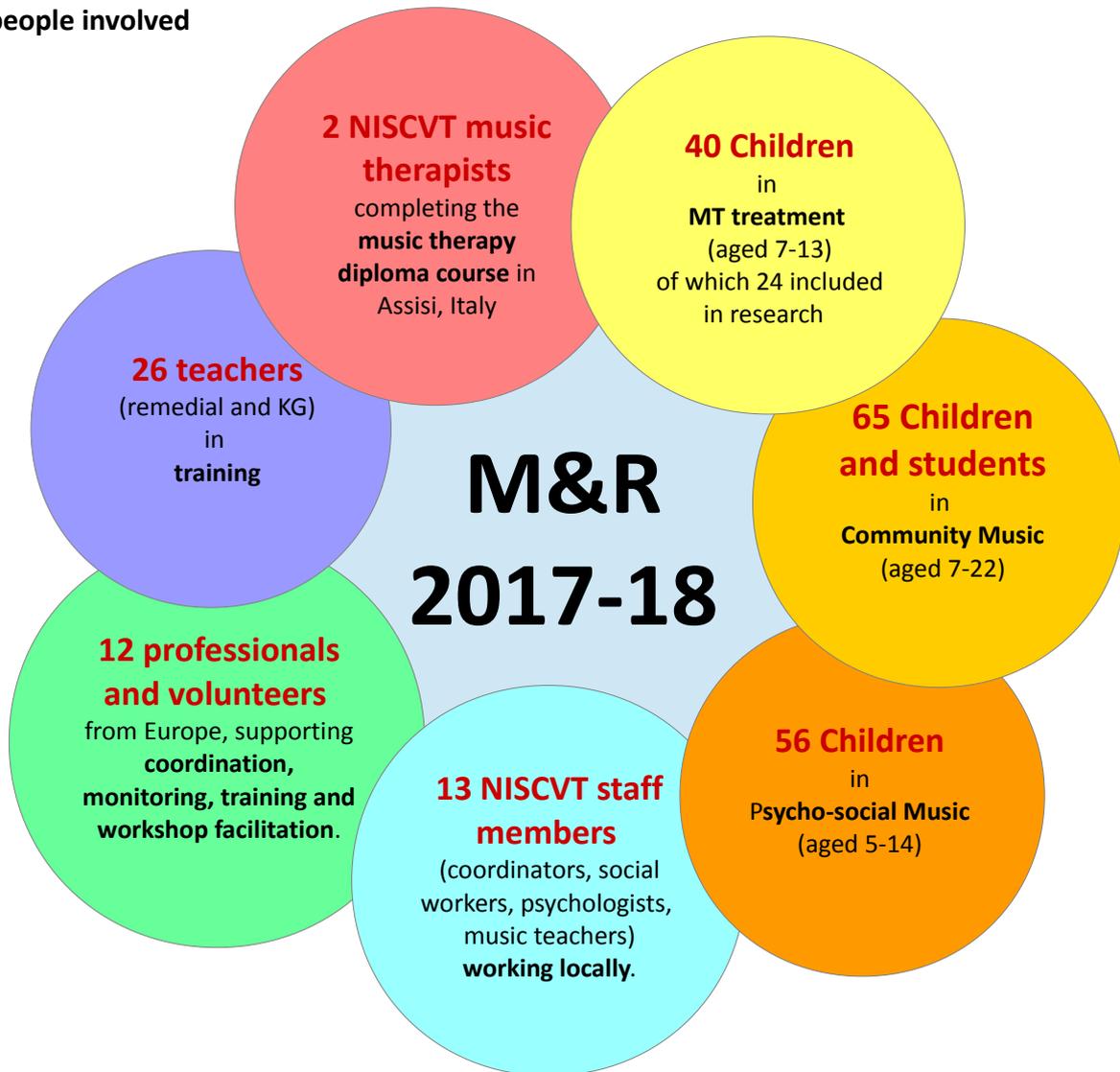
**M&R psycho-social-cultural continuum**

<b>clinical care</b> -----	----- <b>prevention</b> -----	----- <b>education</b> -----	----- <b>culture</b>
<i>music therapy</i>	<i>psycho-social music</i>	<i>KG music</i>	<i>community music</i>
Beirut	Baalbek*	Baalbek*	Saida*
Saida*	Saida*	Beirut	Tarablus*
Tarablus*	Tarablus*	Suur	
		Tarablus*	

\* 'problematic' locations, where resources are less available for the community

On the basis of data collected in February 2018, an overview of all NISCVT's music actions and services was compiled (see appendix 1), which reveals the complementarity and potential synergy of these resources, now present in all refugee camp localities in Lebanon. From this study, one of the most significant future challenges emerges: that of optimizing the structure and administration of these resources, in order to better exploit their benefits for the Palestinian refugee population of Lebanon on a national scale.

## The people involved



Progress is monitored with the help of evaluations from the participants, which inform the planning team for the development and re-direction of future strategies (see appendices 2 and 3).



*Psycho-social music workshop, Wavel Centre, June 2018*

## Beyond the Project

The “ripple effect” of M&R is emergent at a micro-level through the sharing of research and practice within NISCVT's staff groups. It reaches out into the refugee camp communities, through the families of the children involved in the project's actions, the community at large through public performances, and the sharing of best practices with other NGOs working in similar ways.

The effect continues to spread within a European context, through the direct participation of professionals and volunteers on the ground in Lebanon, and subsequently in European communities who share their testimonies.

The ripples arrive also in the international academic community, through research reports, master dissertations, articles and conference presentations, bringing in response an increasing demand from professionals and students in Europe to spend time in Lebanon observing and participating in the project.



## Looking ahead

The challenges facing M&R reflect the contingent difficulties of the context in which the beneficiary community is forced to live, characterised by intolerable deprivation of basic civil and social rights, including proactive potential to advocate for a change in this situation. As principal partner of NISCVT, Prima Materia is committed to remain beside the Palestinian refugee community of Lebanon, and to work with pragmatism and responsibility for the promotion of creative and adaptive culture in young refugees, in support of their agency in realising a dignified and fully 'human' future.

2019 heralds some significant steps in this direction:

- our music therapy research, the aim of which is “to monitor the impact of music therapy on the emotional and social functioning of Palestinian refugee children from Lebanon aged 7-11” will be completed and published. We hope this will be a valuable contribution to caring for young refugees in appropriate and efficacious ways;
- in March 2019, NISCVT psychologists Ms Liliane Younes and Mr Mohamad Orabi will graduate as professional music therapists from the Assisi school in Italy, incrementing significantly the mental health competences which Assumoud can offer to all communities in Lebanon (hosted and hosting).
- In Summer 2019, Prima Materia will invite a group of Palestinian students from the Community Music groups in Beddawi and Saida to Italy, to participate in an exchange training program with Italian students. This new action aims to consolidate the students' capacities for peer-to-peer music education within their local groups, working towards sustainability for the project.

## Appendices:

1. Overview NISCVT music resources 2018
2. Evaluation of PS music workshop by older children, Assumoud Centre Wavel (June 2018)
3. Evaluations of PS music formation and KG music formation by training groups (June 2018)



*KG training group, Mar Elias, 2-4 Jul 2018*